

Mass Intentions:		
11 February	Sun. 9:00 am Sun. 11:30 am	People of the parish People of the parish

Collection: January 21, 2024 \$1208.00
Sunday

21 January **Praise the Lord!**
Sun. 9:00 am, Ken Kalvoda +,
Sun. 11:30 am, People of the parish
He tells the number of the stars; he calls each by name. Ps 147:3-4

Everyone is looking for Jesus in today's Gospel after He cured so many with diseases and drove out many demons (See Mk 1:32-37). Are we seeking Him with the same fervor, trusting in His power to heal our hearts and drive out the evil in our lives?

In this Sacrament we encounter Christ the physician of our souls and bodies. We also call this sacrament the Sacrament of conversion, confession, forgiveness, and Reconciliation. We can find a great summary of what we believe about this Sacrament in the [Catechism paragraphs #1420-1498](#). In the Code of Canon Law, [The Sacrament of Penance \(CIC 959 - 997\)](#) we find the laws pertaining to this sacrament.

"In the sacrament of penance the faithful who confess their sins to a legitimate minister, are sorry for them, and intend to reform themselves, obtain from God through the absolution imparted by the same minister, forgiveness for the sins they have committed after baptism and, at the same, time are reconciled with the Church which they have wounded by sinning." Can. 959

As we prepare to enter into the Season of Lent in about 10 days, let us celebrate this Sacrament of Reconciliation soon! "To receive the salvific remedy of the sacrament of penance, a member of the Christian faithful must be disposed in such a way that, rejecting sins committed and having a purpose of amendment, the person is turned back to God" (Can 987). While each of us are obliged to confess faithfully his or her grave sins at least once a year, the Church recommends we confess venial sins also (Can 988). In fulfilling this precept, we too will encounter the healing Jesus administers through this Sacrament. Formed.org has some great resources to help prepare for the sacrament as well as information about it. The formed.org program called FORGIVEN, which we will beginning after the 9am Mass next week, is a great help to those who want to learn more about and deepen their experience of the sacrament.

Let us pray for one another—fellow penitents during this season of grace:

Heart of Jesus, atonement for our sins, have mercy on us.

Heart of Jesus, broken for our sins, have mercy on us.

Heart of Jesus, our peace and reconciliation, have mercy on us.

(From the Litany to the Sacred Heart)

In Christ, Fr. Clinch

ST. JOSEPH CATHOLIC CHURCH

4 February 2024

5th Sunday in Ordinary Time

CONFESSIONS: Sunday 8:30-8:50 am, after the 11:30 Mass
& By appointment

DAILY MASSES: No Daily Mass, at this time.
See bulletin for area daily Mass times.

SUNDAY MASSES: Sunday — 9:00 am
11:30 am (Español)

Religious Education:
Children & Youth Sunday 10:00 am - 11:15 am
Adult Education: TBD

NEWS AND IMPORTANT DATES:

This week in the parish February 4-10

Office hours the week of February 4th to the 10th: M, W, Thu,

Fri: 7pm - 8:30pm; Sat 11am -5pm

Please check our social media and our website as updates become available and sign up for Flocknote.

Next Week February 11th to 18th:

Shrove Tuesday Pancake Feed. February 13th from 5-7pm in the church hall. We are responsible for cleanup. We hope to see everyone there for food and fellowship.

Ash Wednesday February 14th: Mass will be at 7pm on February 14th with distribution of ashes. Ash Wednesday is a day of Fasting and Abstinence. See the middle page in the bulletin for the Lenten guidelines.

Flocknote: Flocknote is the safe environment preferred communication platform for our diocese. Our parish Flocknote address is *stjosephharvard1.flocknote.com* and Text to Join is available by Texting STJHN1 to 84576 for English or for Spanish text (202)765-3441. Don't forget to download the app in the app store.



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- St. Joseph Prayer Chain:

- +For all the poor souls in Purgatory
- +For the end to abortion
- +For our Holy Fathers-Pope Francis, bishops, priests, sisters and brothers
- +For all seminarians, especially those at St. Gregory the Great Seminary
- +For our youth to accept and grow in vocations
- +For world peace, and our servicemen and women
- +For the Knights of Columbus prayer requests
- +For fallen away Catholics

Edith Weber	Cecilia Meeza	Dan Adler (Sem)	Virginia Miller
Teresa Volesky	Alyssa O.	Jolene Markland	Angel Valdivia
Brad Oschner	Juan Slazar	Diane Walz	Dennis Reddick
Cesaria Gabriel	Cecilia Martel	Erica Lauinger	Randy Schulte
Bill Kerber	Cathy Kamost	Salvador Palas	Shirley McCabe
Jordan Ortmeier	Fr. Allan Phan	Kelem Fabrice	Garry Veik
Sharon Reasland	Nancy Sapp	Randy Chloupek	Tony Stec
Diane Walz & family	Shirley Koenig	Andrea Ainsworth	

If you have any intentions you would like to add to the prayer chain, call Elaine Almond (402-772-7381) or Shirley Koenig (402-984-0692).fiden

Pray for Vocations: This week please pray for those discerning their vocations to the priesthood or religious life. Especially for those within our own diocese.

Knights of Columbus Announcements: Dues: Please remember to turn in your \$25 annual dues to Neal Schlautman or (Harvard) Randy Schulte.

The Knights of Columbus will be holding their annual Pancake Feed on Sunday Feb. 4th from 9:30 a.m. to 12:30 p.m. in the St. Mary's Church Hall in Sutton serving pancakes, sausage, & scrambled eggs. Free will donation to support the local Free Throw contest and other charities.

Adult Study Group: We will begin an adult study group for the formed.org program Forgiven which will meet on Sunday mornings beginning February 11th after the 9am Mass. The group will meet in the parish hall. If you are interested, please let Shelly or Theresa know.

Area Parishes:

St. Cecilia - Hastings: 7th & Kansas (402) 463-1336

Daily Mass M- F: 7am & 12:10pm, Sat 7am

Sunday Mass: Vigil (Sat) 5:00pm

Sunday: 8am, 10 am, 1:00 pm (Spanish) & 7:30p

St. Michael - Hastings: 701 Creighton Ave (402) 463-1023

Daily Mass M- F: 6:45 am & 8:10 am, Sat 8am

Sunday Mass: Vigil (Sat) 5:00pm

Sunday: 7:30am, 9 am, 11:00 am

St. Mary - Sutton: 107 Ivy Street. (402) 773-5346

Daily Mass: Times vary, see website: www.stmarysutton.org

Sunday Mass: Vigil (Sat) 5:30pm (Sutton)

Sunday: 9 am (Sutton)

Sunday: 11 am (Grafton)

St. Mary - Aurora: 1420- 9th Street (402) 694-2455

Daily Mass M, TU, Thu, Fri: 7:30 am & Sat 8am

Sunday Mass: Vigil (Sat) 5:00pm

Sunday: 8:15 am

Lenten Regulations for the Diocese of Lincoln 2024:

Ash Wednesday and Good Friday are days of fast and abstinence.

All Fridays in Lent are days of abstinence. Fasting means eating one full meal with two smaller meals, which together do not equal the full meal. No snacks or eating between meals allowed. Fasting obliges Catholics between the ages of 18 and 59.

Abstinence - means eating no meat nor soup nor gravy made from meat. Abstinence obliges all Catholics over the age of 14.

Sickness, hard manual labor, pregnancy, etc., automatically excuse a person from these obligations. Nevertheless, it should be pointed out that these are serious obligations. In cases of doubt or question, the priest who hears a person's confession should be consulted.